

# Explosion of child developmental and attachment disorders

The 21<sup>st</sup> century has witnessed an explosion in physical and mental disorders, resulting in child behaviors that are often difficult to understand. *Zone'in* is here to help the children in your lives. *Zone'in Products, Workshops and Training* are backed by the latest research and information, to help equip parents, teachers and therapists with the tools and techniques they need to help children succeed.

***Zone'in empowers children.***



***No child should ever feel dumb!***

*Zone'in Programs Inc.* was founded by a pediatric occupational therapist to enhance children's performance at school and home. *Zone'in Products, Workshops and Training* address sensory, motor and attachment disorders, as well as offer TV and videogame reduction strategies.

## Cris Rowan, Creator and Speaker

**Cris Rowan** is a well-known speaker and author to teachers, parents and therapists throughout North America in the field of sensory integration, learning, attention, fine motor skills and the impact of TV and video games on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology, and is a SIPT certified Pediatric Sensory Specialist. Cris has provided over 200 workshops to health and education professionals throughout North America. Cris recently authored the renown *Unplug – Don't Drug* policy initiative for Canadian physicians and health government, and is completing a book titled *A cracked Foundation – Repairing the Effects of Technology on the Developing Child.*



## Contact us

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# Zone'in

## Products Workshops Training



**Addressing the effects of  
technology on child  
development**

## Products

[www.zoneinproducts.com](http://www.zoneinproducts.com)

**Zone'in** is a self regulation program that teaches children to harness their energy to focus and attend for easy learning. Zone'in is complete with simple strategies and tools that achieve immediate results. **Zone'in makes parents and teacher's jobs easier!**



**Move'in** is a two part program. A fun board game assesses fine motor skill components and provides individualized interventions to improve printing and reading. Move'in also comes with easy-to-use software for making custom work and journal sheets, and a database for tracking children's progress. **Move'in makes printing and reading easy and fun!**



**Unplug'in** is a skill development tool that helps children unplug from TV and videogames. Traveling through the *Me, We, Earth* and *Spirit* dimensions builds performance skills, empowering children to unplug. **Unplug'in brings imagination and creativity back into children's lives!**



## Workshops

[www.zoneinworkshops.com](http://www.zoneinworkshops.com)

Competing with the virtual world for children's attention has become a daunting task, and managing child behavior has become an increasing challenge. *Zone'in Workshops* offer parents, teachers and health care professionals, unique insight and proven tools to enhance children's performance in classrooms and while at play.



25 years ago, ADHD and Ritalin did not exist. Play enhanced physical and mental development through exercise, imagination and connection with other children. Today, 15% of children take some form of medication, and play is isolated, indoors, sedentary, manufactured and virtual.

***Zone'in Workshops address the effects of technology on child development.***

Receiving up to date information and useful tools, enables parents, teachers and health professionals to proactively manage the challenging behaviors of the 21st century child.



## Training

[www.zoneintraining.com](http://www.zoneintraining.com)

*Zone'in Training* certifies occupational therapists to provide public and private *Zone'in Workshops* to enhance child development in communities and around the globe. Master the tools to offset the negative effects technology is having on children, by joining our elite team of dynamic instructors.

The rise in child developmental delays and attachment disorders has placed pediatric occupational therapists in high demand. Knowledge regarding the negative effects of technology on neurological development, and enhancing a child's ability to function at school and home, is essential information for all pediatric therapists.

***Ensure your community is informed!***

Instructor training for the *Zone'in Foundation Series Workshops* places pediatric occupational therapists on the cutting edge as experts in the field of technology's impact on child development. Certification to teach these essential workshops to parents, teachers and health care professionals, will bring OT's to the forefront as proactive leaders of the 21st century.

