

Foundation Series Workshops

Six Foundation Series Workshops for Education and Health Professionals – 3.5 hour duration

Workshops	Reference	Problems Addressed	Outcomes	Handouts
Harnessing Energy <i>Sensory Tools and Techniques For Responsible Learning</i>	<i>Sensory Processing</i>	<ul style="list-style-type: none"> Energy Self Regulation Sensory Impairments (SPD) 	<ul style="list-style-type: none"> Self-Regulation Sensory Processing 	<ul style="list-style-type: none"> Sensory Observations and Strategies Zone'in Recommended Tools and Techniques
Back to Basics <i>Printing – Forgotten Foundation for Literacy</i>	<i>Motor Development</i>	<ul style="list-style-type: none"> Printing and Reading Literacy Slow Printing Output Speed 	<ul style="list-style-type: none"> Developmental Level Identification Printing and Reading Strategies 	<ul style="list-style-type: none"> Fine Motor Observations and Strategies Foundation Scale for K-6 Printing Basics Guide
A Cracked Foundation <i>How Virtual Parenting is Destroying Children</i>	<i>Attachment and Addictions</i>	<ul style="list-style-type: none"> Attachment Disorders Technology Addictions 	<ul style="list-style-type: none"> Identify Attachment Dysfunction Attachment Parenting and Teaching 	<ul style="list-style-type: none"> Attachment Questionnaire Technology Addiction Questionnaire Critical Factors for Child Development
Mixed Signals <i>Connection to Technology is Disconnecting Child Development and Learning</i>	<i>Technology Balance</i>	Obesity, developmental delay, sleep disorders, mental illness, neglect, overstimulation, dysregulation, aggression, illiteracy, attention deficit	<ul style="list-style-type: none"> Technology Impact Research Balanced Technology Management 	<ul style="list-style-type: none"> Technology Usage Screen 10 Steps to Unplug Your Children Technology Usage Guidelines Unplug'in Brochure for Parents
Why Can't Children Sit Still? <i>Using movement and nature to enhance attention and learning</i>	<i>Attention and Learning</i>	<ul style="list-style-type: none"> Child Development Delays Litigation Concerns Nature Deficit 	<ul style="list-style-type: none"> Critical Factors for Child Development and Learning Movement and Nature Initiatives 	<ul style="list-style-type: none"> Development and Nature Directives Schools Operating Safely – Child Behavior Management Policy/Procedures Building Foundations/Virtual Futures
Diminishing Returns <i>Increase Profits in the Classroom</i>	<i>Successful Schools</i>	<ul style="list-style-type: none"> Declining Literacy Learning Disabilities Student Productivity 	<ul style="list-style-type: none"> School Policy and Structure Revisions Environmental Modifications 	<ul style="list-style-type: none"> Productivity Designs for Classroom, Gym and Playgrounds Zone'in Gym and Classroom Stations Productivity Measurement Tool

Other Professional Workshops – 3.5 hour duration

Educational Programs <i>Zone'in, Move'in, Unplug'in and Live'in Programs</i>	<i>Teacher Training</i>	<ul style="list-style-type: none"> Attention, Printing and Reading Problems Technology Addictions Poor Performance Skills 	<ul style="list-style-type: none"> Sensory Processing Printing and Reading Strategies Enhanced Performance Skill Strategies 	<ul style="list-style-type: none"> Foundation Scale for K-6 Zone'in Stations for Classroom, Gym and Playground Zone'in Recommended Tools and Techniques
Healthy Interactions <i>Critical Factors for Early Child Development</i>	<i>Early Intervention</i>	<ul style="list-style-type: none"> Primary Attachment Infant and Toddler Development Delay 	<ul style="list-style-type: none"> Critical Factors for Early Child Development Playground Design 	<ul style="list-style-type: none"> Foundation Scale for Infant, Toddler and Pre-School Early Development Directive Playground Structure Template
Generational Healing <i>Recognizing and respecting past ancestry.</i>	<i>First Nations</i>	<ul style="list-style-type: none"> Primary Attachment First Nations sustainability 	<ul style="list-style-type: none"> Critical Factors for Early Attachment Development Guided Introspection to promote connections 	<ul style="list-style-type: none"> Attachment and Addiction Questionnaires Guided Introspection Script Tools and Techniques
Balanced Technology Management <i>Powerful Strategies to Increase Workplace Productivity</i>	<i>Human Productivity</i>	<ul style="list-style-type: none"> Technology Overload Decreased Productivity Worker Burnout 	<ul style="list-style-type: none"> Productivity Indicators Productivity Tools and Techniques 	<ul style="list-style-type: none"> Productivity Scale Workplace Productivity Directive Technology Usage Guidelines
Power Play <i>Playgrounds enhance movement, socialization and access to nature.</i>	<i>Playgrounds</i>	<ul style="list-style-type: none"> Developmentally Inappropriate and Dilapidated Play Spaces 	<ul style="list-style-type: none"> 4 Critical Factors for Child Growth and Success Playground Design 	<ul style="list-style-type: none"> Planning Playgrounds for Growth and Academic Success Developmentally Appropriate Designs

Parent Workshop – 2 hour duration

Disconnect to Reconnect <i>Parents attached to technology are detached from their children</i>	<i>Technology Balance</i>	Obesity, developmental delay, sleep disorders, mental illness, neglect, overstimulation, dysregulation, aggression, illiteracy, attention deficit	<ul style="list-style-type: none"> Technology Research Awareness Balanced Technology Management 	<ul style="list-style-type: none"> 10 Steps to Unplug Your Children Unplug'in Brochure for Parents Technology Management Schedule
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